

Julie Mortara
Teacher

Hello, my name is Julie Mortara. I feel privileged and happy to be a teacher here at Westergard. I have three daughters who have/is/or will be going to this school. My husband is also a math teacher in WCSD. I've been teaching for twelve years.

My family enjoys fishing, hunting, camping, skiing, cooking, paddle boarding, gardening, homesteading, and retreating to our cabin in Midas, Nevada. We are a family who wastes little. We do our best to use what we buy and harvest. And if not, we give the scraps to our chickens. I personally enjoy singing, photography, yoga, and quiet time alone or with friends. I like taking landscape photos and have created a website which contains some of my work, Juliemortara.com I also teach yoga once a week. I like yoga because it encourages me to slow down, breathe, and tune into my body.

It is important to me to build a community in my classroom and have fun. We will use some techniques to self-regulate like breathing, stretching, and upbeat movement. We will have class meetings to sort out problems and celebrate wins. It's ok to be vulnerable. It's not ok to give up. We will work together to change the way we think about "hard" things and help each other learn as a team.

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